# Night Prayer in Lent

#### Opening:

God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

— as it was in the beginning, is now, and will be forever. - Amen

#### **Examination of Conscience:**

We are called to have a clear conscience toward God and toward all people, in our hearts and in our minds, and in our actions. To do so, it is vital that we examine our conscience daily and to ask for God's mercy as we fall short and to ask for His strength to do better - [Moment of silence to examine our conscience]

Lord have mercy.

— Lord have mercy
Christ have mercy
— Christ have mercy
Lord have mercy.
— Lord have mercy

#### **HYMN**

1 All praise to You, my God, this night, For all the blessings of the light. Keep us, we pray, O King of kings, Beneath your own almighty wings.

2 Forgive us, Lord, through Chris your Son, Whatever wrong this day that I have done. Your peace, give to the world, O Lord, That man might have one accord.

3 Enlighten us, O blessed Light, And give us rest throughout this night. O strengthen us, that for your sake, We all may serve you when we wake.

#### **PSALMODY**

Ant. 1 Night holds no terrors for me sleeping under God's wings.

## Psalm 91 Safe in God's sheltering care

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: "My refuge, my stronghold, my God in whom I trust!"

It is he who will free you from the snare of the fowler who seeks to destroy you; he will conceal you with his pinions and under his wings you will find refuge.

You will not fear the terror of the night nor the arrow that flies by day, nor the plague that prowls in the darkness nor the scourge that lays waste at noon.

A thousand may fall at your side, ten thousand fall at your right, you, it will never approach; his faithfulness is buckler and shield.

Your eyes have only to look to see how the wicked are repaid, you who have said: "Lord, my refuge!" and have made the Most High your dwelling. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways.

They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon.

Since he clings to me in love, I will free him; protect him for he knows my name.
When he calls I shall answer: "I am with you," I will save him in distress and give him glory.

With length of life I will content him; I shall let him see my saving power.

Glory to the Father, and to the Son, and to the Holy Spirit:

— as it was in the beginning, is now, and will be for ever. Amen.

Ant. Night holds no terrors for me sleeping under God's wings.

# **READING** Revelation 22:4-5

They shall see the Lord face to face and bear his name on their foreheads. The night shall be no more. They will need no light from lamps or the sun, for the Lord God shall give them light, and they shall reign forever.

## **RESPONSORY**

Into your hands, Lord, I commend my spirit.

Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

Into your hands, Lord, I commend my spirit.

#### **GOSPEL CANTICLE**

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

# Christ is the light of the nations and the glory of Israel

Lord, now you let your servant go in peace; your word has been fulfilled: my own eyes have seen the salvation which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people Israel. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

# **Concluding Prayer**

Lord,
we have celebrated today
the mystery of the rising of Christ to new life.
May we now rest in your peace,
safe from all that could harm us,
and rise again refreshed and joyful,
to praise you throughout another day.
We ask this through Christ our Lord.
— Amen.

## <u>Blessing</u>

May the all-powerful Lord grant us a restful night and a peaceful death.

Amen.

# NOVENA PRAYER FOR AN END TO THE CORONAVIRUS PANDEMIC

O Mary, full of grace, Patroness of this nation and Mother of the Church, in this time of illness and worldwide need we seek your intercession for the human family before your Son's throne of grace and mercy. We ask for strength in adversity, health in weakness, and comfort in sorrow. Help us, O Blessed Mother, to be filled with confidence and trust in the tender compassion of our God. Let us not be afraid, like our own Saint Marianne Cope, who entrusted her life and ministry among the outcasts of society into the care of our Divine Physician. Continue to watch over all who are sick as well as those who care for them and give wisdom to all who are seeking a cure. We ask this through Christ, our Lord.









